



yoga for good

February 18



Come practice yoga on Saturday, 18 February in **Fairfax**. Attend this donations-only, all-levels yoga class to help raise money for the **Mariposas and Aguilas Mentoring Programs**.

Mariposas Mentoring Program is a coordinated effort between the Mu Chapter of Lambda Pi Chi and the Office of Diversity Programs to create a support network for freshmen, sophomores, and newly-transferred Latinas at George Mason University in hopes of promoting academic excellence, retention and leadership on campus. Aguilas Mentoring Program is for male freshmen, sophomores, and newly-transferred Latinos at George Mason University in hopes of promoting academic excellence, retention and leadership on campus.

Saturday February 18

4:30 to 5:30 pm, Fairfax Studio

**Donations only. All contributions go directly to
the charity of the month**

a chance to practice for yourself and others

find us online at www.sunandmoonstudio.com

or give us a call at 703.525.YOGA

3811 Lee Hwy. Arlington, VA 22207 and 9998 Main St. Fairfax, VA 22031

breathe. stretch. relax. repeat.