



yoga for your dog compassionate training & healing with suzanne morgan

Bring your favorite four-legged friend to this special workshop designed to help you build the connection with your dog. You'll learn yoga techniques such as pranayama (breathing exercises), asanas and meditation that will help you learn compassionate dog training and build a stronger relationship with your animal companion.

Class is limited to 12 dogs, so reserve your spot early!

Please bring a blanket, leash and your own mat - dogs are not allowed on studio props. Your dog must get along with other dogs. One dog per person, please. No prior experience with yoga necessary.

TWO DATES THIS WINTER

Saturday Feb 4 in Arlington
Sunday Mar 11 in Fairfax

3:00 to 4:30 pm
\$30; \$25 [ONLINE](#)
one week in advance



find us online at www.sunandmoonstudio.com

or give us a call at 703.525.YOGA

3811 Lee Hwy. Arlington, VA 22207 and 9998 Main St. Fairfax, VA 22031

*If you are not pre-registered for a workshop, please call the studio prior to dropping in.
If you are pre-registered and the workshop is cancelled, you will receive notification by telephone.*

breathe. stretch. relax. repeat.